
goldjunge

FOOD AND DRINKS

GOLDEN PHILOSOPHY

„Food should not be determined by the need to eat but by ambiance, enjoyment, and taste.“

-Helmut Glaßl

We offer you what we like the most.

Food should be simple, healthy, nutritious, and delicious. That is why we believe in quality, good craftsmanship, and the distinctive taste of self-made products.

We love bread- an item with a lot of variations. A fine piece of craftsmanship are our golden buns, beautifully topped with fresh spreads and other toppings.

With our range of products we want to support the local agriculture, that is why most of our products are supplied by local farmers.

Farm animal welfare and housing is highly important to us. We are convinced of a respectful treatment of animals. The demands of the producers are hereby more important than the certificate.

Food is a political topic to us- we support slow food and products such as palm oil are deliberately avoided.

Our to-go cups and containers are made from compostable materials and help us to protect the environment.

To minimize our carbon footprint we also decided against processing avocado.

How are we going to make a change as a small café?

By communicating with our guests.

Please feel free to talk to us if you have any questions, requests, or suggestions.

Your Goldjunge Team

You can find us in Sülz, Nippes, at the Media Park and in the city centre.



All prices in euros and including VAT.

Origins

COFFEE

In all our cafés we use the Goldjunge blend by Heilandt — a balanced mix of Brazilian and Peruvian Arabica beans and Mexican Robusta. It creates a strong espresso with chocolate and nutty notes. The coffee is bought directly from Heilandt at fair prices, ensuring a short supply chain and fair pay for the farms.

The Cologne roastery's annual transparency report shows the short path from farm to bag — an important aspect for us.

MILK & CHEESE

Our coffee specialties are made with fresh regional milk from Hielscher Hof in Leichlingen. The cows there enjoy automatic grooming brushes — you can taste the quality in our milk and in your coffee!

EGGS

Our eggs come from the idyllic Alpermühle farm in Nümbrecht, where free range hens are raised with special care in species appropriate conditions.

BREAD

Everyone loves our spelt bread! It's baked for us by Bäckerei Heisters, a traditional bakery that uses only clean label ingredients.

CRESS

We receive fresh microgreens every week from "Keimling" in Cologne, delivered by cargo bike. We use them to refine and decorate our dishes. Thanks to local cultivation, CO2-neutral delivery, and sustainable growing methods, our ecological footprint stays as small as possible.



All prices in euros and including VAT.

COFFEE

Coffee	3,20
large Coffee	3,80
Espresso	2,40
Espresso Macchiato	2,70
Doppelter Espresso	3,30
Cappuccino	3,70
Large Cappuccino	4,70
Flat White	4,40
Milkcoffee	4,20
Latte Macchiato	4,20
Cortado	4,10
Extra Espresso Shot	+1,50
Oatmilk	+0,50
Whipped cream	+0,80

HOT DRINKS

Tea from Schlürf	3,40
black tea, green tea, fruit tea, herb tea	
fresh Tea	4,40
choose or combine the fresh components as you like: fresh mint, orange, lemon and/or ginger	
Chai Latte	4,70
foamed milk with homemade Chai- sirup	
Dirty Chai	5,10
Chai Latte with one extra Espresso- Shot	
Matcha Latte	4,90
Foamed milk with Matcha Powder	
Hot Chocolate	4,40
with white/ dark cocoa	
♥ <i>golden tip: with whipped cream</i>	

All coffee specialities also available
decaffeinated

COLD DRINKS

Viva con Agua sparkling/still 0,33l/ 0,7l	3,20 / 6,20
Maracuja Spritzer 0,4l	4,60
Afri Cola/Afri Cola light 0,33l	3,80
Kölsches Wasser pink (Grapefruit) 0,33l	3,70
BioZisch Spritzer/Lemonade 0,33l	3,90
apple naturally cloudy, rhubarb, orange, blood orange, lemon naturally cloudy	
Freshly squeezed orange juice 0,2l	4,90

goldjunge

All prices in euros and including VAT.

STULLEN served with a small Salad

You can choose between our sourdough spelt bread or our homemade golden rolls made with whole spelt flour, oregano, and sun-dried tomatoes (+€1.00).

Stulle Andy	10,90
hummus & fennel salami	
Stulle David	10,90
tomato spread, roasted goat cheese & Seedmix	
Stulle Brygida 🌱 vegan	10,90
vegan liver sausage, gherkins and fried onions	
Stulle Pia	10,40
red beetroot-sesame spread & feta cheese	
Stulle Jonas	10,40
pesto & wild garlic gouda	
💛 <i>golden Tip: with smoked salmon</i>	
Stulle Zoe 🌱 vegan	10,40
pea spread & marinated vegetables	
Stulle Natascha	10,40
tomato spread, Feta cheese & chili threads	

YOGHURT AND FRUIT

soy yoghurt with fresh fruit	8,90
soy yoghurt with granola & fresh fruit	8,90
fresh fruit salad	8,90

goldjunge

All prices in euros and including VAT.

STRAMM SANDWICH served with small Salad

Strammer Max	12,90
topped with butter, cooked ham & two fried eggs	
Strammer Moritz	12,90
topped with butter, Beemster-Cheese & two fried eggs	
Strammer Max & Moritz	14,50
topped with butter, cooked ham, Beemster-Cheese & two fried eggs	
Stramme Leonie	14,50
topped with beetroot sesame cream, feta cheese & two fried eggs	
Stramme Laura	14,50
topped with pea cream, Beemster-Cheese & two fried eggs	
Stramme Tina	14,50
topped with tomato cream, braised vegetables & two fried eggs	
♥ golden Tip: with Feta Cheese	

EGGS

Scrambled eggs made from thrre regional eggs	11,90
with a small salad, our spelt bread & butter	
♥ golden Tip: with Bacon	
Two regional fried eggs	9,50
with a small salad, our spelt bread & butter	

ADD ONS

Bacon or cooked ham	+ 2,70
Smoked salomon	+ 4,50
Tomato & spring onion	+ 2,50
Beemster-Cheese oder Feta-Cheese	+ 2,60

goldjunge

All prices in euros and including VAT.

BREAKFAST is available all day long ☺

All our sweet and savory spreads and creams are lovingly homemade by us using natural ingredients

Marie & André	7,50
Croissant, jam, small fruit salad & butter	
Josepha & Erich	14,90
Cooked ham, vegan liver sausage, Beemster cheese, wild garlic cheese, jam, pickled gherkins, small fruit salad, our spelt bread & butter	
Amila & Ben	14,90
Black Forest ham, wild garlic cheese, Beemster cheese, tomato cream, hummus, pickled gherkins, small fruit salad, our spelt bread & butter	
Antje & Piet	14,90
Beemster cheese, wild garlic cheese, brie, pesto cream, jam, fresh cucumber, small fruit salad, our spelt bread & butter	
Krissel & Irisa 🌱 vegan	13,50
Porridge with berries & roasted seeds, served with pea cream & our spelt bread	
Katja & Freya 🌱 vegan	13,50
Porridge with chocolate hazelnut spread & fresh fruit, served with beetroot and sesame cream & our spelt bread	
Sarah & Samuel	16,90
Croissant topped with smoked salmon, Beemster cheese & scrambled eggs made from two regional eggs, served with a small colorful salad	

goldjunge

All prices in euros and including VAT.

Vinja & Verena 16,90
Croissant topped with pesto cream, wild garlic cheese
& scrambled eggs made from two regional eggs,
served with a small colorful salad

Renate & Rolf 🍃 vegan 14,90
Colorful salad, braised vegetables, pea cream, hummus,
jam, small fruit salad, and our spelt bread

Bärbelchen & Hännischen (ab 2 Personen) 42,50
2 glasses (0.1 l) of freshly squeezed orange juice, 2 boiled
eggs, Black Forest ham, cooked ham, fennel salami,
brie, Beemster cheese, wild garlic cheese, tomato cream, vegan
chocolate hazelnut spread, pesto spread, jam, 2 small
fruit salads, our spelt bread & butter

🍷 *golden Tip: Vegetarian options are also available instead of ham and salami
There is also vegan liver sausage, beetroot and sesame cream, and hummus.*

BREAKFAST EXTRAS

a serving of our homemade creams 3,00
Pea cream, tomato cream, hummus (vegan), pesto cream,
vegan apple and onion liver sausage, braised vegetables (vegan),
or beetroot and sesame cream (vegan)

Vegan chocolate hazelnut spread or 2,80
Wildberry and tonka bean Jam

one boiled, regional egg (from the Alpermühle farm) 2,60

Portion of butter 1,50

One golden roll 1,90

One croissant 2,80

Cooked ham, black Forest ham, fennel salami 3,90

or wild garlic cheese, Beemster-Cheese, Brie, Feta Cheese

Portion of smoked salmon 4,50

goldjunge

All prices in euros and including VAT.

GOLDEN CLASSICS

Pasta with lentil bolognese (also vegan) 12,90
with cherry tomatoes, spring onion & Parmesan cheese

Pasta Pesto 12,90
with basil pesto, cherry tomatoes, olives & Parmesan
with braised tomatoes-olives-chicken +4,90

Cheese Spaetzle with mountain cheese 14,90
Served with a large mixed salad & fried onions

♥ *golden Tip: with Bacon*

Large colorful salad 🌱 vegan 12,50
With raw vegetables, seeds, Agave-mustard-dressing
& our bread
with fried goat cheese +3,90
with braised tomatoes-olives-chicken +4,90
& Parmesan cheese

Red lentil Soup 🌱 vegan 9,90
Oriental with harissa oil, roasted Cashews
& our bread
with braised tomatoes-olives-chicken +4,90

Chili sin Carne 🌱 vegan 10,90
with soy strips, kidney beans, sweet corn
& our bread
with pesto cream +1,20

goldjunge

All prices in euros and including VAT.

GOLDEN TABLE BUFFET

For six or more people we offer a large breakfast set up on plates, including something for everybody's taste.

You can always order as much as you like so nobody has to go home with an empty stomach.

20,50 per person

Your table is set with:

- butter, jam, vegan chocolate-hazelnut
- variation of spreads:
 - tomato, red beetroot- sesame, pea, hummus
- variation of cheese:
 - brie, beemster, fenugreek gouda
- variation of sliced meat:
 - boiled ham, black forest ham, fennel salami
- fruit salad
- Cucumber, tomatoes, cress
- scrambled, local eggs
- large breadbasket filled with our spelt bread

Of course, you also have the option of ordering a purely vegetarian table buffet. Here, instead of ham and salami, you will find vegan apple-onion liver sausage and vegan beetroot-sesame cream.

On request, we are happy to offer you a separate card with allergy information.

goldjunge

All prices in euros and including VAT.

GOLDJUNGE ROASTING by HEILANDT

Our coffee roast was developed by Heilandt especially for Goldjunge. It delights with subtle notes of marzipan and chocolate, bringing the typical Goldjunge feeling into your home.

♥ 250g GJ Blend whole bean/ ground	9,90
♥ 500g GJ Blend whole bean/ ground	17,90
♥ 1000g GJ Blend whole bean	34,90

GOLDJUNGE FÜR ZUHAUSE

If you need something quick at home or in the office, but still want it to be healthy, you will find a selection of our vegan treats in practical screw-top jars at all our locations.

♥ Chili sin Carne 500g	9,90
♥ Lentil Bolognese 500g	9,90
♥ Chai syrup 250ml	5,90
♥ Wild berry and tonka bean Jam 250g	5,90

goldjunge

All prices in euros and including VAT.